

LAKE COUNTRY RECREATION PROGRAMS WINTER



**9830-B BOTTOM WOOD LAKE
ROAD, LAKE COUNTRY, BC, V4V 1S7**

ONLINE REGISTRATION REQUIRED FOR ALL PROGRAMS!

KID FOOD NATION

Mondays: 6-8:00 pm

**January 6, 13, 20, 27. February 3, 10,
24th. March 3, 10th**

Does not run on STAT Holidays

Ages 7-13

Cost: \$5.00/session

Come on in and cook up a storm! Kid Food Nation is a national initiative that helps kids and families develop food skills through hands-on experiences related to planning, preparing, and cooking. The program also features an online hub with resources for healthy eating and meal preparation, and a national recipe competition that encourages kids to put their food literacy skills into practice and submit original, healthy, and nutritious recipes. Our Kid Food Nation online hub (kidfoodnation.com) was created by Corus Entertainment, and our program is developed through collaboration with Dietitians of Canada.

ELEMENTS CLUB

Tuesday's: 6-8:00 pm

**January 7, 14, 21, 28th. February 4, 11,
18, 25th. March 4, 11th.**

Ages 7-13

Cost: FREE with yearly membership

Excited to explore STEM activities? This program is the place for you! Join us in exploring all the elements of Earth and the STEM aspects of each! This program will also deliver components of Discovery Labs, offered in other seasons! From science experiments, coding, natural sciences, to applying math concepts, the activities will be endless!

REGISTER NOW
www.bgco.ca

**Registration will not be processed without payment.
All Recreation Programs are not refundable.
For Sponsorship options or refund request assessments
please email recreationadmin@bgco.ca**

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ART ASPIRATIONS CLUB

Wednesdays: 6-8:00 pm
January 8, 15, 22, 29th. February 5, 12,
19, 26th. March 5, 12th.

Ages 7-13

Cost: \$5.00/session

At Art club you will learn about the fundamentals and techniques of drawing and painting. Discover your inner creativity, as the Art Aspirations Club is catered to the individual, so that you may develop and practice your skills at your own pace! This program is project based, with support and options given by your instructors as you go!

TGIF

Fridays: 6-8:00 pm
January 10, 24th. February
7th. March 7th.

Ages 7-13

Cost: \$10.00 per session

TGIF is BACK! This fall we will be including a club dinner, and then wide games each evening at the club! Throughout the fall we will meet up with other clubs on TGIF EXTRAVAGANZA nights, as a separate registration! Please wear closed toes shoes for TGIF each night.

TGIF EXTRAVAGANZA

Fridays 5:30-8:30 pm
February 21st
Cost: \$10.00 per session
Transportation included

Ages 7-13

TGIF EXTRAVAGANZA is now better than ever! We will be heading to Martin Ave for a Central Club TGIF night with other clubs for dinner and a large wide game! Please arrive at the Club at 5:30 as the bus will be leaving at 5:45 pm! Please wear closed toes shoes for TGIF each night.

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SATURDAY EXCURSIONS

Saturdays: 12-3:00 pm
January 18th. February
1, 15th. March 1, 15th.

Cost: \$15.00 per
session

Ages 7-13

Ahoy and off we go! Saturday Excursions are here for kids aged 7-13 years. We will be heading off site to multiple locations to try out attractions over the Okanagan each Saturday.

Please have lunch beforehand and pack a personal backpack with a waterbottle, change of clothes, and bathing suite, and wear closed toe shoes. Some Saturdays may require a waiver signed off beforehand, and if the waiver is not returned the day before the Excursion, the child will not be eligible to attend the Excursion and are not eligible for a refund.

**CLUB CALENDAR
ON OUR WEBSITE**



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